



HELSINGBORG
INTERNATIONAL
CONNECTIONS

Presentation to Sveriges Kommuner och Regioner

Helsingborg International Connections

An independent organisation that works in partnership with the City of Helsingborg and Region Skåne to welcome and support internationals living in our area.



Launched in 2014 to:

- Assist internationals moving to HBG
- Provide a ready-made network
- Share helpful information
- Help partners & spouses find meaningful occupation
- Reduce loneliness & depression
- Increase social sustainability



Main partners & collaborators

City of Helsingborg (2017)

Region Skåne (2024)

Lund University Campus Helsingborg

International Citizen Hub Lund

Onboarding Malmö

HIC Business Members



STUDENTSTADEN
HELINGBORG



LUND
UNIVERSITY



HELINGBORG



REGION
SKÅNE

What we do

Events & networking

Drop-in sessions

Monthly newsletter

Share helpful information

Facilitate meetings & connections

Expats In Ängelholm

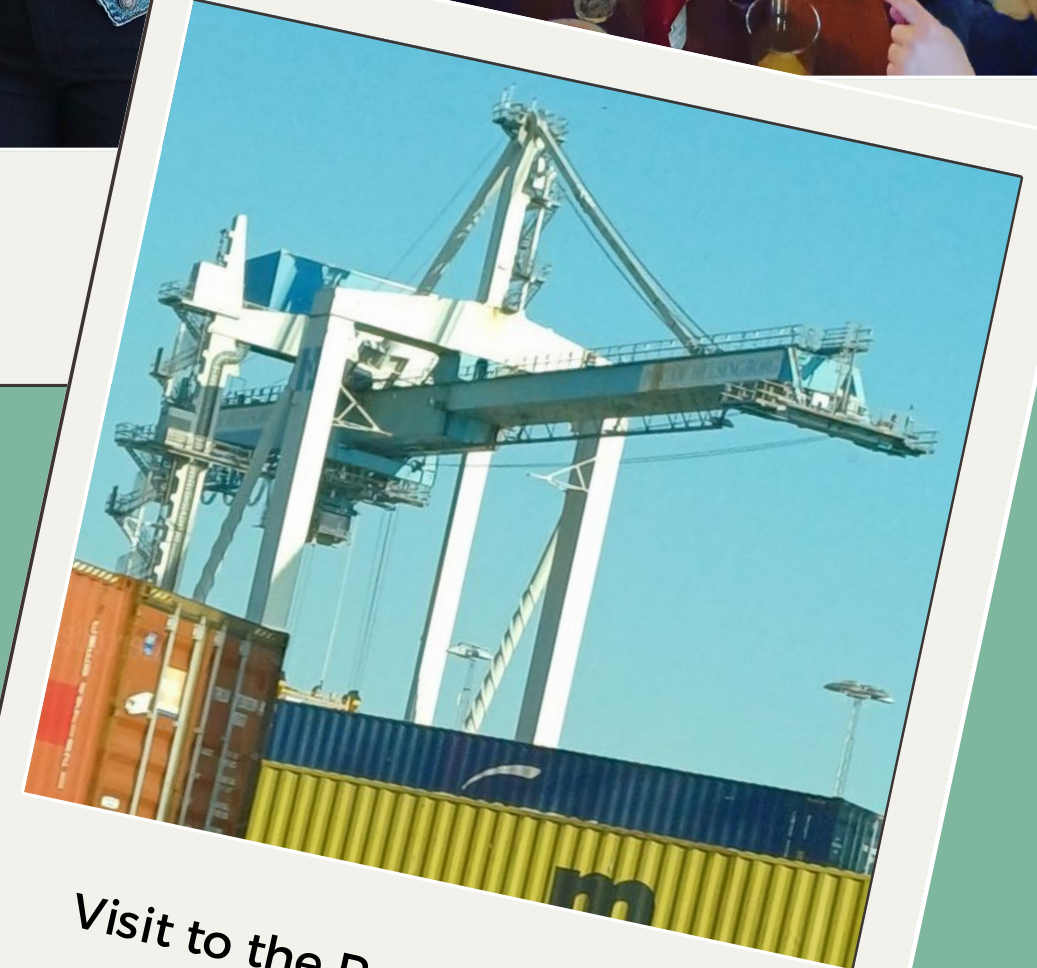




Inspiration Evening & Mingle



Summer Picnic & Kubb



Visit to the Port of Helsingborg

Projects & Programmes

2021 - HIC Talks Podcast

2023 - Career Events for Students

2024 - Live and Work in Helsingborg

2024 - Swedish for Students

2024 - Empowering International Partners
for the Swedish Job Market (IKEA)

2025 - Campus Helsingborg International ‘
Students’ Career Programme

2026 - Reveal the Hidden Competences



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Switch to Sweden

The Insider's Guide to Moving and Living in Sweden

01

Sweden essentials

An introduction to Sweden and the people with a DNA built by the freedom to roam and digitalisation. The numbers, the traditions and the food.

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02

Swedish history

All you need to know about the sustainable identity of Sweden, the royal family, important years and a country heading towards a green and equal future.

03

Life in Sweden

How to find and make friends, find a job opportunity, apply for a job and where to start your Swedish bucket list.

What brings people to Sweden?

- Work
- Love
- Refuge
- Quality of life
- Human rights
- A better future
- To be oneself
- Scandi-curious



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Challenges & concerns

How to find work & internships?

Where to meet potential employers?

Where to make friends & connections, or volunteer?

How to engage with the local community?

How to crack the Swedish cultural code?

Migration issues



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Annual Funding

Helsingborgs stad - 300,000 sek

Region Skåne - 300,000 sek

Business membership- 10,000 sek

- Sustainability?
- Long-term perspective?
- Responsibility?
- Local, regional, national policies?



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Upcoming HIC events

Tuesday 14 October

Intercultural Competence: Key to Connecting People Across Cultures | Mindpark | 17:30

Friday 17 October

Coffee Morning | Bruket Kaffebar | 09:30

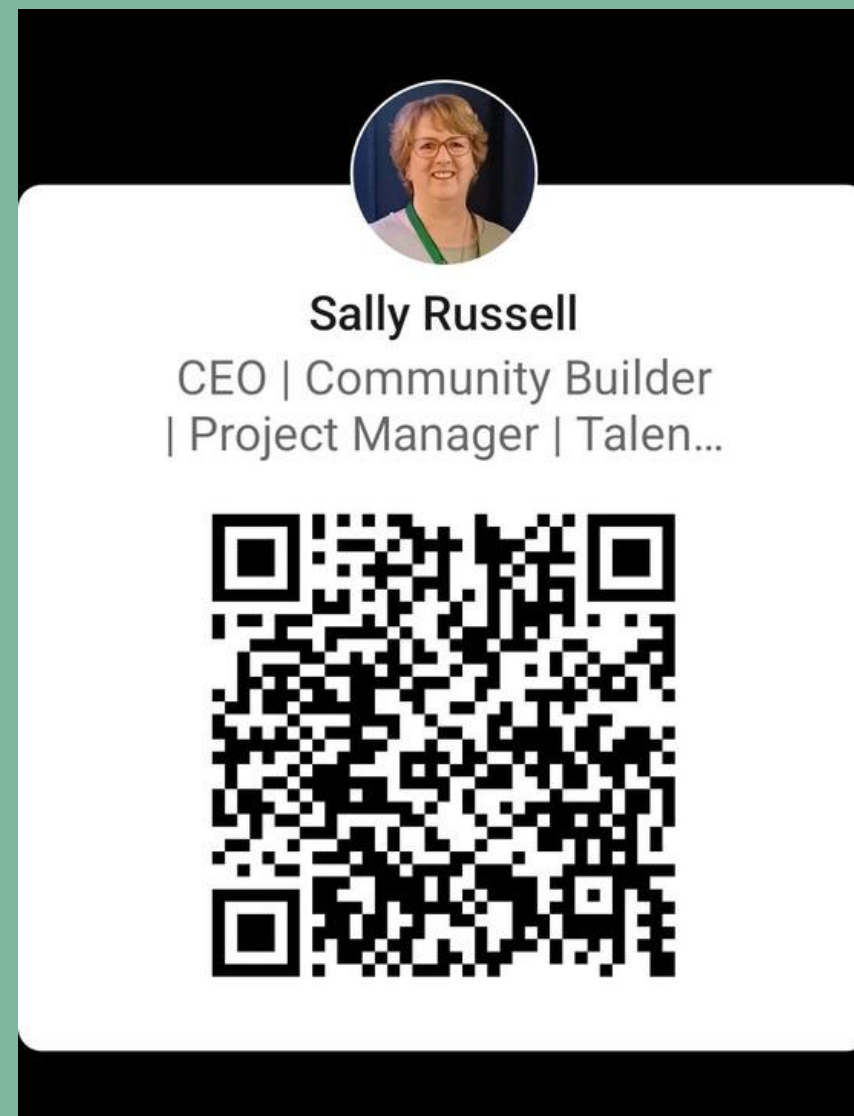
Tuesday 4 November

How to Start Your Own Business in Sweden | Mindpark | 17:30



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Thank you!

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